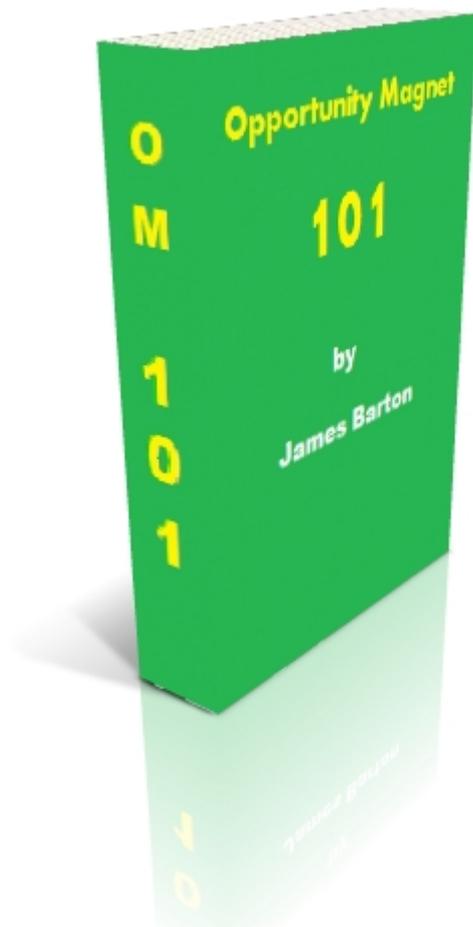


Opportunity Magnet 101

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Chapter 1

Getting Started

(1.1) Introduction

Welcome to Opportunity Magnet 101! The key to success in life is the skill to perceive, attract and best use Opportunity. This book has been designed to equip you with most of the strategies and techniques that you will need to succeed in life as you wish. However you should always look out for wisdom from other sources as well. Furthermore, this book will help strengthen your ability to discover strategies and techniques yourself. True independence is your destiny.

Consistent good practice is not possible without wise theory to guide the way. Wise theory is powerless unless it is put into practice and used effectively. See theory and practice as the two wings of a bird: both are needed to fly. Unless you bring together the theories and ideas in this book with practical, concrete action then you will receive little benefit.

The body of this book has been broken up into small sub-chapters so that it is easy to digest and understand on first reading. After that you should re-read the book as a whole a number of times and especially study deeply those chapters that you feel are most valuable to you personally. Remember that some of the chapters that you feel are the weakest in the beginning may well prove to be the most valuable to you in the end. Look for hidden depths.

At the end of the book are 3 great resources: 101 Opportunity Quotes, 101 Opportunity Affirmations and 101 Inspiring Questions.

These 3 components are specially designed to work together-each one supporting and being supported by the others. If you use them wisely and meditate on them then they will help shift your consciousness to a much greater appreciation and mastery of Opportunity.

1.2) Defining 'Opportunity'

OK, to get things started let us deepen our understanding of what an 'opportunity' actually is. What does the dictionary have to say about the word? An opportunity may be defined as:

- 1) a favourable or advantageous chance or opening.
- 2) a good position, chance, or prospect, as for advancement or success.

3) a situation or condition favourable for the attainment of a goal.

Become familiar with the above definitions and you will be able to recognize golden opportunities as if they were old friends.

What is the origin of the word 'opportunity'? Sometimes by studying the etymology of a word we gain an insight into the nature of the concept that it represents.

Here is the etymology:

Opportunity:

The word originates from the late 14c., from O.Fr. opportune (13c.), from L. opportunitatem (nom. opportunitas) "fitness, suitability, favourable time," from opportunus.

So we have to be fit/ready, relevant to the situation (ie suitable) and we have to be aware of the element of time. We will make special use of these insights in later chapters.

Let's dig down deeper...

Opportune:

c.1400, from L. opportunus "favourable," from the phrase ob portum veniens "coming toward a port," in reference to the wind, from ob "to, toward" + portus "harbor."

So who would have thought that our word:Opportunity has original connections with a favourable breeze and a safe harbour? What does this symbolic scene: a favourable breeze helping our boat into a safe harbour suggest to you? We cannot control the breezes of life-the unexpected favourable conditions-but we can make sure that we are in constant readiness to make best use of them. This readiness has various aspects and one of them is detailed knowledge of the safe harbours of life-the destinations where we wish life to lead us.

Here is another etymology connected with the word opportunity:

Opportunist:

1881, from opportune+ -ist borrowed from It. opportunismo, a word in Italian politics, later applied in French to Gambetta (1881) and then generally in English to any who seek to profit from the prevailing circumstances.

If we seek to profit from circumstances then we have to have a clear vision of what it is that we actually want. Windows of opportunity can be brief so we need the courage and self confidence to act spontaneously when spontaneous action is called for.

(1.3) The Power of Dissatisfaction

Dissatisfaction is THE driving force in our lives. Without dissatisfaction we would sink into a deadening complacency. We would not look for opportunities nor would we seize and use the opportunities that presented themselves to us. Dissatisfaction is vital in creating, attracting and using opportunity.

There are many different qualities of dissatisfaction. Some are toxic and should be discarded. It is wise to give up petty and useless dissatisfactions. One insincere kind of dissatisfaction is where people are unhappy and they complain/moan constantly about something and yet take no positive steps to remedy the situation.

True dissatisfaction concerns noble and worthwhile subjects such as social justice and the desire to provide for one's family. Such dissatisfaction inspires persistence, determination and passion. All of one's creative powers are awakened and called into action to solve the problem-to achieve the goal.

A certain degree of dissatisfaction is key to finding and benefiting from opportunities. Too much self-satisfaction and complacency will blind and deaden you to the wonderful opportunities that present themselves to you...and the golden opportunities waiting to be discovered will remain lost to you.

"There was once a miser who lived in a leaky house; the rainwater poured into the house through the roof but the miser sat through it all. Neighbours laughed at him and warned him to get the roof repaired. But in the rainy season, he replied: "Let the rains subside, how can I repair it now?" And when the rains stopped, he replied, "Why should I worry about leaks now? The rains have stopped."

Don't be like the miser in the story who always finds an excuse not to improve his situation. In good times where you feel satisfied remember that disaster could strike and you could find yourself back to square one if you are not careful. However do not worry. Instead cultivate an ongoing vigilance and concern. Learn to tell the difference between negative worry that is of no real help and positive concern which keeps you alert for danger and opportunity. When you are doing well in life remember the tough times to keep the fires of progress burning. In the life stories of many millionaires they started out in very poor conditions. It was this early struggle and suffering that gave them the power and the determination to succeed beyond the dreams of so many others.

Be careful not to hide your dissatisfaction from yourself with too many distractions and entertainments. Stay aware of your dissatisfaction and use it to drive you forward to success.

Do not use distressing times and personal suffering as an excuse to delay doing useful things. Sometimes the brightest opportunities can be found in the darkest of times.

Keep in mind that this can be a tough world and there are those around you who would like to take all that you have built up. Therefore it is wise to continually strive to increase your personal power and security. Also, your concern should radiate out towards all beings. You should be concerned for the well-being of those around you. This is called compassion: it is a great treasure of life and without it success will be hollow and taste bitter to you. Allow your compassion for others and yourself to drive you forward to greater levels of personal power and success. This is the right outlook in life for perceiving opportunities.

(1.4) What Kind of Opportunities do You Want to Attract?

Seriously looking out for any and all opportunities in general is an essential part of success. Now though let us fine-tune exactly what kind of opportunities we are desiring to benefit from. The clearer that we can define our goals the easier it will be to perceive the opportunities that will help us achieve them. Consider your life as a whole. Now begin to categorize it into different areas. For example relationships, health, wealth, intellectual development, spiritual awakening and helping others etc. Remember large goals can be broken down into smaller sub-goals so that they can be achieved more easily. Large categories of life can also be sub-divided to help us get a clearer picture. We should define the main goal clearly and look out for opportunities that will help us achieve it. We should also examine each sub-goal and look for mini-opportunities that will help us achieve them. It has long been proven that those who list and write down their goals get on better in life and are more likely to accomplish their hopes and dreams. As Seneca says "If a man does not know to what port he is steering, no wind is favourable to him".

We want to take opportunities that lead to more opportunities. So if there is a dilemma between which of two opportunities to take then favour the one which will lead you to more opportunities later on over the one which may offer only short term pleasure or transitory gain.

Some opportunities conflict with each other. That is if you take one then you will end up losing or damaging the other. Opportunities that have an antagonistic relationship with other good opportunities cannot be called golden. Seek opportunities that help and support other good opportunities-opportunities that lead to other opportunities. These opportunities can be called golden as they are good in themselves and good because they support other good opportunities as well.

(1.5) Ambition

How do you see yourself? How do others see you? What is expected of you? Don't let limiting expectations stop you from achieving great things. Be an individual of great ambition. Develop the confidence that you can achieve great things. No one in history or in the present day has more inner qualities than you have inside yourself. Every positive quality is within you. It is only a matter of bringing them out and into use and then you can achieve what your heroes achieved and more. Perhaps they were lucky? Well what is luck but the positioning of yourself to receive golden opportunities and then seizing them when they come?

(1.6) Don't Aim Too Low in Life

Don't overreach yourself in the short term yet let your overall aims be high. Do not cheat yourself out of the success which could be yours by shunning and rejecting big opportunities. When an archer aims at his target he will aim slightly higher than the target itself. This is to compensate for the way the arrow dips in flight. So aim above what you want in life and you will have more chance of getting what you want or better. Ask for the moon and get it!

(1.7) Do you Fear Success More than Failure?

It is common for people to fear failure and so never take opportunities that lead them to the great treasures of life. A perhaps even more negative fear is the fear of success itself. You may not be very conscious of the fear of success but it could be having a powerful negative influence on you from the subconscious level. With great success comes great responsibility. If you fear responsibility then you may be sabotaging yourself so as to avoid it. This book contains methods to help you give up self-limiting fears and replace them with confidence and love.

(1.8) Yes! You Deserve Success

So many people are not really bothered about succeeding or achieving great things in life. If you have the desire to succeed and are willing to put the effort in then you most certainly deserve success. What ever tough times you have had in life: you have survived everything and you are still striving to find the answers and opportunities to make yourself a positive power in the world. Therefore you are worthy of success.

(1.9) What Do YOU Really Want?

You do not have to define what you want by what others expect. Look within yourself with fresh eyes and sincere honesty. What do you want and why? These wants will change and purify as you increase your awareness of them. It is easier to achieve goals that you are really sincere and passionate about compared to ones that you are just seeking in order to fulfil the expectations of others. It is your life so follow your true dreams.

(1.10) How do I get the Courage to Follow My Dreams?

All positive qualities such as courage are already within you. You can re-integrate them into your life by inwardly praising them.

In other words put your attention on any small amount of courage that you can feel within yourself-courage about any subject. Then praise and love that courage every day. When lying down in bed-just before sleep is a good time-also during any activity where you are free to concentrate: Say within your mind: "I accept the courage within me" or "may the courage within me grow stronger with every breath I take" or "I am awakening my courage now" or "may my courage be nourished" etc.

Think of the idea of courage within you and pay attention to any images that come into your mind. Maybe an image of a tree dying due to lack of water will flash into your mind. In that case visualize and have the intent that the tree be watered with life giving rain. Watch as the tree revives and becomes strong and healthy. Your courage will improve in the same way.

Whatever image comes up about your courage try and visualize a remedy for it. Maybe the image will be a warrior trapped by dark chains. In that case you could then imagine the chains shattering to harmless dust which blows away. Then "see" the warrior of courage within you as happy and liberated.

You could imagine your courage as a once mighty river choked up and blocked with overgrown weeds and dirt. Then picture the river becoming unblocked and allow yourself to feel the quality of courage flowing again in every part of you.

Also try and read stories where people act with great courage to inspire yourself and associate with positive courageous people. It will help the quality surface within yourself. If you believe in God or some kind of higher power than you should also pray that the quality within you will be revealed and healed etc.

Apart from positive affirmations and visualizations just simply praise the quality of courage within you and in other people. The power of silent praising will attract your mind to courage. Your positive attention will purify and nourish the virtue of courage within you. Eventually you will glow and radiate the courage naturally and without any more effort. You can do similar exercises with any quality that you need to awaken within yourself and the more qualities that you awaken the more they will support and strengthen each other.

(1.11) The True Value of Money

Money is a powerful tool helping you to achieve almost every goal in life. Give up negative beliefs about money and see it merely as the energy of the material levels of existence. Even if you wish only to serve others: money can be used to help you do so. Some people believe that money is evil but if good people neglect their duty to increase their power by becoming wealthy then it is the evil who will rule the world. It is the duty of every good person to increase their wealth so that goodness can have more power in the world. Each individual should increase their goodness and their power. This will ensure a happy life for them and maximize their beneficial effect on humanity as a whole. Money is never the goal of life but only a supporting sub-goal. Whatever your circumstances you should learn how to increase your wealth by getting more money to flow into your life and not wasting it. The greater your wealth the more opportunities there will be available to you. However do not become a slave to money. Do not be blinded by money. Keep money in its place as a servant not as a master. Slavery to money will repel true golden opportunities from your life and in the end you will be left with nothing. So respect money, earn money and save money all for the purpose of empowering yourself and others.

(1.12) All Positive Qualities are Within You Already

Here are a few of the positive virtues within you: acceptance, accountability, ambition, assertiveness, beauty, benevolence, bravery, caring, caution, chastity, cleanliness, commitment, compassion, confidence, consideration, contentment, cooperation, courage, courtesy, creativity, curiosity, defiance, dependability, detachment, determination, devotion, diligence, discernment, discretion, discipline, eloquence, enthusiasm, excellence, faith, faithfulness, flexibility, focus, forbearance, forgiveness, fortitude, friendliness, frugality, generosity, gentleness, grace, gratitude, helpfulness, honesty, honour, hope, humbleness, humility, humour, idealism, integrity, impartiality, industry, innocence, joyfulness, justice, kindness, knowledge, liberality, love, loyalty, magnanimity, majesty, meekness, mercy, moderation, modesty, obedience, openness, orderliness, patience, peace, perseverance, persistence, piety, prudence, punctuality, purity, purposefulness,

reliability, resoluteness, respect, responsibility, restraint, reverence, righteousness, selflessness, self-sacrifice, service, sensitivity, silence, simplicity, sincerity, sobriety, spontaneity, steadfastness, strength, tact, temperance, thankfulness, thrift, tolerance, toughness, tranquillity, trust, trustworthiness, truthfulness, understanding, unity, wisdom, wonder and zeal.

They are the real treasures of life. Become aware of them within yourself. Accept them, praise them, reintegrate them and they will give you strength, power and goodness. Search online for "List of Virtues" to increase your knowledge and awareness of the subject. Always look for opportunities to embody the virtues. Each quality is like a key that will unlock the doors of opportunity for you. Contemplate this deeply. Choose a virtue from the list and think of ways where the lack of it would deny someone opportunity and where possessing the virtue would allow someone to successfully find, create, attract and utilize a golden opportunity. Eventually work through the entire list. Throughout your life revisit the list and search for connections between each positive quality within you and Opportunity. The more connections that you find between your inner qualities and opportunity the better. This will deepen your appreciation of the treasures within you and thus they will grow and strengthen, radiating outwards into your life. Each quality supports and is supported by every other quality so progress with one quality will help you improve in other areas as well.

Chapter 2

Become a Beacon

(2.1) Put Yourself on The Map

Whatever area you are interested in put yourself on the map so that others with similar interests can find you. Consider setting up a website about your subjects of interest. It is easier than you might think and it is a great place where "customers" and like minded people can find you. Become a mini-expert on SEO (search engine optimization) so that your site gets as many visitors as possible. A site is something that you can build on and improve upon over time and there are many ways where you can receive an income stream from your website as well. Look into this subject. When you have a website you can exchange links with other similar sites and get your voice heard. Please consider linking to <http://www.VirtueScience.com> if you value the teachings in this book and believe that others would also benefit.

(2.2) Advertise What You Want

Other people may have the ability to give you what you want or have valuable information for you regarding how to get it yourself. How can they give you what you want if they do not even know that you exist? Increase the probability of people helping you by joining clubs and associations connected with your interests. Be open about what you want and what you have to offer. Consider starting up your own club. Even with obscure interests you may be surprised at how many people join up. Do not be afraid to contact authors of subjects that interest you and cultivate friendships with them. Be willing to risk rejection and the possibility of slightly annoying someone by sending them a letter or two. Arouse their curiosity, ask intelligent questions, answer a question that they ask in their publications etc.

(2.3) Attract Opportunity Like a Flower Attracts Bees

Even flowers advertise. They need the bees to come in order to pollinate. Flowers offer nectar to reward the bees for visiting and thus spread their pollen. So a flower offers a benefit to the bees in exchange for their pollination service. First however the bee has to find the flower. Flowers display their benefits to bees by being bright and colourful and swaying in the wind. Maybe their scent attracts them too. Like a flower attracting bees to attract many opportunities you must have a benefit to give but you must also advertise that benefit. It is of little use to have a benefit on offer if no-one knows about it. So you must advertise that you have a benefit to offer in exchange for what you want. Be reliable in your benefit and pleasant so that those who you are advertising to remember you favourably and continue to see you favourably.

(2.4) Multiple Catchment Areas

If you have a service or product to sell then advertise in as many different areas as possible. Try to keep track of which areas are most profitable and also continue to search for new areas to advertise in. If you are looking to find a date online then do not join just one site: join as many as you feel comfortable with. You can usually have your profile up and look around for free. If you are looking for a compatible partner then the more profiles that you have on different sites the better chance your would be partner will have in finding you.

Even the luckiest person will have trouble winning the lottery if they have not bought a ticket. You have to be in it to win it. Put yourself forward, volunteer more often, enter more raffles and competitions and you may be surprised at how "lucky" you become. Those who win often are not necessarily more lucky than you it is just

that they take part more often and so are bound to have more chance of success. Those people who consider themselves lucky often have more luck. Why? It is partly because, considering themselves to be lucky they take chances more often and give life more chances to reward them.

Multiply your chances of attracting opportunity and succeeding. Consider a frog-it produces hundreds of frog spawn knowing that many of them will be eaten or otherwise not survive. The frog's solution in a hostile world is to produce many many offspring in the hope that at least a few will survive. The plant world also offers many examples of such seed distribution. Take a lesson from the tree and sow as many seeds of opportunity as you can. Write letters, put up adverts, send out flyers, tell everyone you meet, send emails and set up mini-websites and forums. Many may be ignored or not reach their intended audience but a percentage will get through and bring you positive results. How do plants spread their seeds? There are many unique and interesting ways and many of those ways can inspire you to think of ways that will spread your own messages. Even if you only sow one seed of opportunity a day success will grow around you and provide a rich crop.

(2.5) Don't Hide Your Light Under a Bushel

If you have a unique skill, a lot of experience in an area or rare knowledge then do not be too shy to advertise the fact. Modesty is a virtue but false modesty can smother your chances of finding the right contacts and making the best of your talents. Take the opportunity to stand tall when appropriate and speak of your strengths to the right people. Do not fall into the trap of false modesty merely because you dislike the idea of been seen as big-headed. Cultivate true humbleness so that you are secure enough to show your talent when it is most appropriate and advantageous to do so.

(2.6) Your Spy Network

As your friends and family know what you are looking for make a point of asking them to look out for it on your behalf. Give them a nudge. For example if you are a collector of rare coins let it be known that you would appreciate them keeping an eye out for related items and you may receive messages back that there are coins for sale in a particular shop or sale that otherwise you would have never known about. Cultivate friendships and network with people who can act as extra pairs of eyes and ears for you on a range of subjects that interest you.

(2.7) Reward Your Opportunity Gatherers

Reward those who have done you a favour and brought an opportunity to your attention. You should take an interest in what those you come into contact with like and are fascinated with. Then you can find clues as to what will reward them for help done and also motivate them to help you in the future. To benefit others think what can make their tasks and duties easier. What can lighten their burden? Consider how to make your help easy and convenient. Pass on opportunities that you do not currently need to others. When you come across an opportunity that you do not need or cannot currently use then tell someone who you know would be interested in it. That way instead of letting an opportunity go to waste you are helping someone who may help you in the future.

(2.8) Gratitude

When you help others don't worry about getting gratitude in return. Just see it as an opportunity to practice your helping skills. However you are not obligated to help those who are rude and particularly ungrateful. Do not let others take advantage of you. Remember that they are not just stealing your valuable time, energy and resources they are also in effect depriving those more deserving from receiving your help. So do not feel guilty about not helping those who have a bad attitude. Sometimes NOT helping such people is the best help you can give. Be vigilant against those who try and manipulate you and make you feel guilty. When you are helped by others be sure to thank them and do them a favour in return if you can. Heal and embrace sincere gratitude within yourself. Discard false and insincere gratitude. Appreciate those who have helped you unselfishly.

(2.9) Seek Like-Minded Friends

Are your friends in tune with your ambitions? Seek like-minded and ambitious friends. Sometimes negative or just lazy and uninspired friends can be more dangerous to your plans than the fiercest enemy. There is no need to abandon old friends but do not allow them to hold you back. Actively search out for and cultivate positive and mutually beneficial friendships. Look around for those who can work together with you on your projects. What skills do they have that compliment your skills. Gather a team of great minds and work together to achieve great goals. Individual weaknesses will be compensated for by others who are stronger in those areas.

(2.10) Be a Golden Opportunity for Others

The art of attracting golden opportunities is to be a golden opportunity for others. Study that sentence as deeply as you can. Think about it every day. Search for it in the many different scenarios of life. Become a golden opportunity for others. Remember being a golden opportunity is not about being exploited. In life, be the kind of friend that you yourself would value. The more you help others the more opportunities will come your way.

(2.11) Ask an Expert (and an Another for a 2nd Opinion)

It can be worth paying for expert advice and even paying again for another expert's opinion. Do not begrudge the expense as it could save your whole venture. It is healthy to have self-confidence and independence but do not be ashamed to ask for outside expert opinion as well. There is the old story of someone ploughing a lot of money into a gold mine but not striking gold. Eventually they sold the mine losing most of their investment. The person that they sold it to employed a geologist who advised the new owner to dig in a certain area of the mine. The man did so and found a rich vein of gold. The area was only a few feet away from where the original owner had given up and stopped digging. The original owner lacked the expert knowledge that would have shown him where the gold was. If only he had asked for an expert then he could have been a rich man.

If you are in need of expert help make yourself visible to relevant experts by directly asking for their advice.

Chapter 3

Overcoming Resistance

(3.1) Avoiding Resistance From Rivals

It is generally valuable to let people know your interests and what kind of opportunities that you are looking for. However you should be careful not to disclose information that a rival could use to their advantage and your disadvantage. Discretion is a virtue. Keep silent if the situation demands silence. Do not give away your plans because of a desire to boast. It is better to keep quiet until you have secured the opportunity for yourself. Even rivals can be mutually beneficial to each other on occasion. A rival can become a customer, a rival can become a valuable ally but keep your guard up. Do not be petty and antagonize a

rival for no good purpose. Such efforts are a waste of time and can prove to be counter-productive. Learn from your rival's mistakes and from their successes.

(3.2) Transform Negative Criticism into Opportunity

A common reaction to negative criticism is to reject it out of hand and maybe criticise or insult someone back in return. This can be called the ego's defence mechanism but what is really been defended? Maybe an error or weakness! Even if you suspect that someone is being malicious and not constructive in their criticisms why not do the judo trick of accepting the criticism and using it to spur you on to positive change? For someone who is only out to put you down with criticism there can be nothing more alarming than the person criticised taking the "advice" and improving their lives. So take negative criticism as an opportunity to self-improve.

Even seemingly unfair insults can contain some useful feedback for you. On the other hand make any criticism that you give out always constructive and humble. There is no need for insults and insults given out will usually produce a bitter harvest of more insults back in return. In your case though instead of returning an insult for an insult find a positive bit of advice in any insult that you receive and see it as a golden opportunity to raise your standards. You might be surprised at how soon negative people stop insulting you when they see that it is having positive results for you instead of it bringing you down to their level.

(3.3) Do Your friends and Family Secretly Want You to Fail?

When someone in our life succeeds in something then by contrast it can make us feel like we are failing. As something rises then that which is standing still can appear to be falling, relatively speaking. This can be painful. A friend's success can make us feel bad about ourselves sometimes. This happens when we are not making the best of our own opportunities etc. So when you succeed or talk about your plans for success there may be some jealousy and negativity from friends and family. Not that they are bad people. It is only that they fear your success will take you away from them, leaving them low down as you rise up. People do not want to feel bad so even if the better part of them wants you to succeed: a part of them may secretly want you to fail. After all if you succeed with effort and determination then there is no reason why they cannot succeed as well. But do they want success? They may be more accustomed to moaning about life and feel too lazy to do anything about their problems. Your failures are a great excuse for them to carry on being lazy and carry on moaning. That is why even good friends can be secretly relieved when you fail.

Do not take this to heart, it is human nature and nothing personal against you. Just by understanding this you are better protected from such negative influences. You can listen more sceptically to any negative and limiting statements given out by friends and family. You can be on your guard against subtle indirect comments designed to fly under your radar and discourage you. Now you will not let such mutterings sap your will to succeed. In fact every time you hear such comments your determination and perseverance will grow stronger and stronger.

(3.4) Every Difficulty Overcome Frees you from Competition

Many people in life start out having similar goals to you. So at the beginning stages of any enterprise there may be many rivals. However with each obstacle along the way many rivals will fall and give up the goal. So see every obstacle that you encounter as a great opportunity to distance yourself from rivals. Rather than seeing difficulties as insurmountable problems see them as challenging opportunities that hold the promise of an easier way ahead. Beyond every obstacle is a path clearer of rivals who lacked the persistence to overcome it. Develop your willpower and your powers of persistence and then you will be able to leave your less persistent rivals behind. If you do come up against an obstacle that is truly impossible to overcome then look for ways to go round it. Be creative. Be flexible in your approach but steadfast in your goal.

(3.5) Instead of Nourishing Negative Beliefs Smash them to Pieces

From somewhere within your own mind negative suggestions may assail you. Negative suggestions about your abilities and plans. Are they just echoes and unjustified fears? Look out for what you say when you talk to yourself-your internal dialogue. If you are being harassed by negative thoughts then go on the offensive. Instead of dwelling on and feeding negative thoughts repeat something positive instead. You are bound to win as you are the creative source and the negative thoughts are just echoes with no real power. Every time you catch yourself saying something unnecessarily negative then repeat something positive twice as often and with more energy. This will help you create the psychological space within to transform and reclaim your positive qualities. Do not listen to negative propaganda about the qualities within you. They are naturally useful and loveable.

A tool of repression in the outer world is negative propaganda designed to isolate and weaken a group. In the inner world there is also negative propaganda that forms around repressed qualities. The mind will repeat negative phrases against a quality and evidence will be distorted in order to make the natural quality look unlovable, useless and even harmful. When those inner lies are defied and the

quality is seen as naturally useful and loveable then it will begin to re-awaken: then no more negative propaganda will be able to cover it up.

(3.6) Discard False Limitations

Many people will too easily say that certain things are not possible-without first even reaching their limits of possibility. First do all you can to reach your supposed limitations and then see if they are real or not. How do you know if a barrier is real until you have reached it and touched it? Do not fall into the error of using a supposed limitation as an excuse not to progress towards your highest good. You will find that as you move towards the so called barrier it will move away from you-it had no real blocking power after all. Taking character as an example someone may say a human cannot become unconditionally loving. Then they will use this as an excuse to hold onto their unloving views and make no attempt to increase their compassion. First reach the limits of something that you can achieve before deciding what you cannot achieve. Cultivate your endurance so that whilst others turn back at the pain barrier you can push through to victory. Don't let fear of failure stop you from claiming opportunities. If you do not try for an opportunity then you have automatically failed to get it. So why not try to grasp the opportunity?

(3.7) Make Gains Whilst Others are Resting or Playing

If you want an edge in life you will have to sacrifice some of your rest and 'play' time. You can get ahead of your competition by putting more hours in-are you willing to do this? Be wary of sloth. Working hard whilst others are otherwise distracted is not only advantageous due to the extra volume of work produced. Sometimes a strategic advantage can be gained by working at time periods usually reserved for leisure.

(3.8) Checkmate Your Inner Saboteur

What is your problem? To solve a problem look for it's causes. Whatever problem or weakness you have that seems to ruin your plans: that is your area of greatest opportunity for improvement. If there is something within you acting as an inner saboteur then become aware of it's activities and counter them. Sabotage thrives in the darkness of unawareness but cannot survive in the light of awareness. Become more and more aware of whatever is holding you back and then praise and tune into the quality within you that will remedy the situation. In this way you will be transforming negative influences into positive signposts towards success. Use your

depression, boredom and dislike of your present situation to propel you out of stale habit.

(3.9) Don't Worry Your Comfort Zone will Follow You

There is no need to feel trapped inside your comfort zone. Yes it is nice to feel comfortable but don't worry your comfort zone will always follow you. It will expand and adapt to any circumstances given time. You can feel just as at home and comfortable in situations that you may now avoid and fear. People fear the unknown and thus sometimes become trapped in the bubble of the known. Fire up your curiosity and adventurous spirit and strike out into the unknown. As your knowledge and experience increases so will your comfort zone make it's home in any area that you desire to master.

(3.10) Shyness is Vanity in Disguise

The idea that shyness has it's root in vanity can be hard to accept because it challenges the ego. However such people would certainly benefit from contemplating the idea deeply and objectively. Shyness, which can be so crippling, has it's true cause within the individual and cannot be blamed exclusively on childhood experiences such as being bullied or any other external event. The development of true humbleness and humility can completely dissolve away life crippling shyness.

Chapter 4

Readiness

(4.1) Be Prepared to Receive

Be ready for great successes and golden opportunities. Think ahead and expect success. What if great opportunities came to you? Could you handle them? Prepare yourself for success: be scalable. Scalability is a quality allowing you to accommodate changes in your level of success without undue stress and without missing out on that success due to limitations on your ability to receive. Scalability most often comes into play when large and unexpected gains are made-but can also work the other way so that you are not paying for excess capacity during a quiet period for example. Your plans and life should have inbuilt scalability in order

to be able to most efficiently handle fluctuations in your fortune. Have the expectation that your project will become very popular and allow that possibility to help you prepare your project for massive success. Create space for the bird of opportunity to land.

(4.2) Always Be Ready

Cultivate an alertness and a state of readiness at all times. Even during relaxation time, even during fun time, keep an eye open for opportunities to help yourself and others. Keep yourself presentable and make the best of yourself as a matter of routine. This could be the day that you meet your ideal partner. Wouldn't you feel better if you were as smart and clean as you would want to be on such an occasion? Have relevant facts and figures ready in case by lucky chance you meet an investor. Always carry business cards with you just in case you meet that golden contact. Prepare and train hard so that when good or bad situations confront you: you are ready.

(4.3) Raise Your Sails

Raise your sails to the winds of opportunity. Even if there has been no opportunity for a while keep your sails raised so that as soon as a favourable wind arrives you are ready to be taken to success. Imagine two boats ready to race. The crew of one of them remains in a state of preparedness with their sails raised whilst the other crew thinking that there will be no breeze that day just sits around playing card games. Now when a strong breeze suddenly blows who will have the advantage?

(4.4) Increase the Quality of Your Thought

Your actions and speech are the primary tools with which you interact with the world. The quality of your actions and speech depends on the quality of your thought. Study logic and do not be afraid to admit that you are wrong when you are proven wrong. It is easy to fall into the trap of using psychological tricks and distraction techniques when you are on the ropes during an argument. Who does that really serve though? Truth is your friend and most loyal ally. Those who do not respect truth end up confusing themselves and their view of reality becomes warped. A clear and unbiased view of reality is essential for those who want to recognize and utilize the opportunities that life presents us with. Do not let prejudice-that is negative views based on only a couple of bad experiences and/or hearsay blind you to the benefits of particular opportunities. A richer and more

varied experience may show you that the prejudices were unfounded. Perhaps you were unlucky once or twice but in general a particular product is very reliable etc etc. Holding onto grudges and prejudices poisons future experience just as an unclean plate will spoil subsequent meals. A meal is best enjoyed on a clean plate so the plate is cleaned in readiness. In the same way a pure mind is best to enjoy fresh experiences so keep it ever clean in readiness for the next moment.

Maintain dignity, self-respect and decency even in the privacy of your own thoughts.

(4.5) Sobriety

Sobriety is a great virtue. Whilst often narrowly characterized as merely the absence from alcohol based drunkenness it does have deeper and wider powers. True sobriety is to be free from the intoxicating influences of anything whatsoever. How can someone see clearly if their mind is intoxicated with greed or hatred? And if they cannot see clearly then how can they act effectively? Sobriety and true readiness for opportunity are inseparable.

(4.6) Brush Up on Your Basic Skills

Are your basic skills letting you down? I am talking about reading, writing and arithmetic. What about driving? What about computing skills. What about self defence? What about your speaking manner on the phone? It is worthwhile taking an honest and humble look at all your basic skill sets and spending time strengthening any weak areas. Make the time to do this. Focus consciously on a particular area and have a goal in mind to accomplish. For example if you want to expand your vocabulary then you could read more books and magazines. Whenever you come across a word that you don't understand do not just pass it by- look it up and memorize it's meaning. Get a good dictionary plus thesaurus, flick through them and learn a few words every night. If you are interested in a particular area of life then make a point of learning all the specific terminology related to that area. Communication will become easier and you will be able to express yourself more clearly.

Take an overview of all the basic skills used in every day life and polish up on the areas that you could improve in. Your overall effectiveness in life will be raised. You will feel more relaxed and confident and so will be in a better frame of mind to seize the great opportunities that come your way.

(4.7) Become A Mini-Expert

Whatever area you are working in, even if it is just short term, you should endeavour to become a mini-expert in it. This will protect you from making the common mistakes of the beginner and arm you with the knowledge to be able to recognize opportunities as they arise. Unless you become reasonably proficient other people may be able to take advantage of you. When you are proficient you will know what is valuable and what isn't and can thus plan your strategy accordingly.

Great skill is available to you if you are willing to strive for it. The greater your skill and level of expertise in any area of life the greater the range of opportunities that you will be ready to act upon.

(4.8) Be Prepare to Dig, Be Prepared to Fight

What tools do you need to explore the world for the particular kind of opportunity that you are looking for? A situation may arise that calls for specialist tools so that you can mine the value from a situation. Make sure your tools are sharp and you know how to use them well. Keep them within easy reach. Prepare for the worst but expect the best. Whatever your path in life, whatever your personal goals it is always good to increase your self defence skills. If you should suddenly be confronted with an aggressor it will be too late to think about training: you will have to fight for your survival unprepared and untrained. So prepare yourself before hand for any such eventuality.

(4.9) Position Yourself to Receive Opportunities

An important aspect of readiness is positioning. What advice would you give to someone who was trying to sell top end luxury cars in a deprived area? What about someone who was digging for truffles in a desert? Even with everything else going for someone unless they are in a good area they will have difficulty in succeeding. If you are having trouble in one area then look around for more favourable areas. Which areas have too much much competition? Which areas are barren? Which areas have people uninterested in what you have to offer? Which areas are crying out for what you have to offer? All of your other actions and the kind of opportunities that come your way are based on where you are. When opportunities start flowing make sure that you are already in the right place to receive them.

(4.10) Build Up Your Resources

Keep a careful eye on your resources and how they are used. Some opportunities are only realizable when particular resources have reached a certain level. Wasting resources either by poor management or by other leakages leads to missed opportunities. Take care to protect your resources and secure the gains that you have made. Thus you will be ready to face opportunities fully prepared.

Chapter 5

Focus

(5.1) Focus! The Well Digging Example

Jalaluddin Rumi, a Sufi master liked to teach his students in a practical way. Once he took his followers to a far away field. They could see eight holes in the field and no hole had any water. The farmer seemed crazy to them having tried to dig a well in 8 different places abandoning each of them in an incomplete state for the lack of water. The disciples asked, 'Teacher, why have you brought us here?'

Jalaluddin Rumi said, 'To teach you something. This farmer wants to dig a well. He digs a few feet deep, then he gets fed up with it and he thinks that this place is not right so he starts digging at some other place. He has done this work all year – he has destroyed the whole field and not a single hole has become a well. Now if he had dug at the same spot that well would have been one hundred feet deep and he would have had reached water.'

It is just the same in other areas of life. It is a big mistake to move on from one venture to another without ever finishing anything. Do not let boredom, difficulty or delay make you move on before your task is completed. Beware of glittering temptations that promise you fun, excitement and easy success if only you abandon your current project. If your current idea is good and you have already made progress in it then it is often better to stick with it.

(5.2) Don't Spread Yourself Too Thinly

If a light is spread over a larger area it will only warm that area slightly. However if the light is focused by a magnifying glass into a small intense beam it can be hot enough to ignite a fire. You only have so much time, energy and resources so focus them wisely in the area of best opportunity for success. Then you will have the power to blast through any obstacle and attain your goal.

(5.3) Give Up False Wants

If you can give up false wants and petty inconsequential desires then you will free up your time, energy and resources so that you can better focus them on your key objectives in life. Turn your back effortlessly on the false wants by reminding yourself of the benefits of what you truly need and want. By keeping your main goals in mind you will be able to reclaim the energy that you had been wasting on so many trivial worries and pointless activities.

(5.4) Renounce Petty Preferences

Many people believe that freedom is to be able to follow our preferences without interference but is that really freedom? Did we choose our preferences? If not then following them is mere slavery: the opposite of true freedom.

(5.5) Beware of Distractions

What is a distraction? Distractions are things that serve as an entertainment or diversion away from what you should be working on. Would you really trade a massive improvement in your standard of living and personal security for an hour or two of entertainment? It is natural and healthy to take rest and enjoy pleasant pastimes but we should be aware of the danger of sinking into endless pleasure seeking. Hold your goals and ambitions higher on your list of priorities, higher than temporary pleasures. Give your goals and ambitions respect and the energy and focus they need to become manifest. Avoid pointless emotional dramas. Do not get caught up in the blame game. Find out what has gone wrong and work to correct it then move forwards. When things go well celebrate and congratulate yourself but not to the point where you put your achievements and future progress in danger.

(5.6) Is a Bird in the Hand Worth Two in the Bush?

There are some situations where it is worth risking losing what you have in order to try and secure a greater prize. In other situations it is better to keep what you have safe and not risk losing it by speculating on the acquisition of something else. Beware of losing what you have gained by chasing after things impossible to grasp. Beware of being so pre-occupied with safeguarding what you have that you miss out on a better realizable opportunity.

(5.7) Accept the Things That You Can't Change

There are some things in life which really can't be changed. Such things have to be accepted as they are. Otherwise you will only be wasting your resources. However be careful not to believe the opinions of other people who tell you what is and is not possible without investigating for yourself. Maybe something is possible but others just do not have your breadth of vision to realize it. Nevertheless it is no virtue to delude yourself. Do not use your attempts to do the impossible as an excuse to stop the work that can and should be done.

(5.8) Enjoy What You Have

Part of making the most of opportunities is to enjoy the ones that you have already received. This is your reward and memories of enjoyment should spur you on to fresh efforts. Let happiness keep your focus sharp and directed towards the highest good.

(5.9) Never Mourn Lost Opportunities

Do not forever mourn missed opportunities or you could miss the fresh opportunities right in front of you. Learn from the a loss of a past opportunity but don't worry or dwell on it. Save your energy for finding and seizing opportunities now, in the present moment.

Chapter 6

Appearances

(6.1) See Through Poor Advertising

It is an important skill to see through advertising that makes an opportunity seem better than it is. It is just as important to be able to see through advertising that makes a genuinely decent opportunity/product look rubbish. Sometimes people have genuine value to offer but they lack the skill in presenting it in an attractive light. This means that many people will overlook and miss out on the true value on offer. If we can overlook a few presentation mistakes then we will remain open to great opportunities that many other people deny themselves.

(6.2) Always Read the Small Print

Do not take everything at face value. When an opportunity comes your way, read the 'small print'. Make a proper evaluation of the pros and cons. Is it too good to be true? Maybe it really is a great opportunity but do some research to make sure. Is there a time limit? No time to research and think about the opportunity? Is it a genuine time limit or is it a trick to hustle you into taking bait? Try and find out who is behind the opportunity and what others say about them. What are their circumstances? Do you have any questions for them? When someone attempts to attract your attention in one direction are they trying to hide something that they would rather you did not see? Do not be hustled into signing something before you are ready. Make sure that boredom or tiredness do not prevent you from making necessary checks.

(6.3) The Power of Appearance

With an open minded attitude evaluate your appearance and it's relationship to attracting Opportunity. Objectively consider whether your hair, clothing, health and habits are attracting or repelling opportunities from you. What aspects can you easily improve? Many people will not have the time and insight to appreciate your true value in key situations. People will make snap decisions about you because of the way that you present yourself. It is worthwhile to spend some time and effort in studying the relationship between your appearance and the effect that appearances have regarding positive opportunities. Even if you are happy with your appearance

try something a little difficult once in a while as an experiment. You may well learn some valuable insights and open up the door to opportunities that would otherwise be closed to you.

(6.4) Ugly Opportunities VS Beautiful Dangers

Spotty fruit may be fresh and sweet. Fruit seemingly beautiful on the outside may be rotten within. You can tell a lot about a book by its cover but not always. Maybe the old battered book is in such a condition because it has been very popular and has been read many times. Perhaps the pristine book looks as good as new because there is little of interest between the covers. Do not let beauty hypnotize you into ignoring signs of ill-will, deception or danger. Look for the real value underneath all appearances.

(6.5) Learn to Recognize Opportunities in Disguise

Imagine that you were looking round an old junk store. Within the store is an item that is worth a great deal of money and yet it is on sale for a cheap price. That object represents an opportunity. Only by having the right knowledge will you be able to recognize the opportunity. Therefore make a point of learning as much as you can about the values and uses of the things associated with your areas of interest. Also expand your inner database to include information relevant to related areas. Apart from your own areas of interest and related areas take some time to gather information about your current location and places that you will visit etc.

Another aspect of recognizing disguised and hidden opportunities involves the study of the ways that things are hidden and disguised in nature. How many basic and universal veiling techniques are used within the rich variety of the natural world? Consider the moth whose patterned wings camouflage it as it rests on the tree trunk. Take note of the harmless creatures that mimic the colouring and patterning of more dangerous creatures in order to benefit from the protection of a threatening reputation. Motion can be hidden by being so slow so as not to draw the attention. Motion can also be hidden by being lightening fast-too fast to be properly perceived. Contemplate each veiling technique that you find in nature to gain insights about it. Then you will be better able to recognize opportunities obscured by the same 'veils'.

When you become aware of or suspect that someone is hiding something from you see that as a clue to potential opportunity. Just because other people walk by something it does not mean that there is not opportunity hidden there.

(6.6) A Little Bit Gullible

It pays to be a little bit gullible in life. Maybe you will be tricked now and again but as long as you do not lose too much it is the best way. Far better to be a little gullible than be too close-minded and sceptical. An over-cynical attitude will block many genuine opportunities from finding you. It is better to play the fool once in a while than be too suspicious. If you take a chance on a crazy opportunity which does not work out as you hoped then just enjoy the experience. Perhaps you learned something or made a contact that will benefit you in unexpected ways. Actively look for benefits and opportunities even as one opportunity seems to have led nowhere.

(6.7) Don't Overlook Small Gains, Small Details

The benefits from some opportunities seem so slight that it may be tempting to ignore them. However remember that an accumulation of small gains can accumulate into big life changing gains. The gain maybe bigger than first thought. Taking even small opportunities is good training which will help you prepare for bigger, more important opportunities. Keep an eye out for small details that indicate big opportunities.

Chapter 7

Time and Timing

(7.1) The Early Bird Catches the Worm

Some opportunities are so good and so easy to grab that they are snapped up almost immediately by whoever chances on them first. For this and other reasons it often pays to get somewhere early before the competition. You may be able to snap up the best deals, pitch your "stall" in the best place and you will have more time to familiarize yourself with the venue and set yourself up. You will be able to get to know other early birds before things get too busy and you may learn some valuable information that will give you the edge later on. Prepare in advance to make your early arrival, factoring in travel time and have everything that you will need ready for your departure.

(7.2) Patience and Spontaneity

Patience is a virtue. Be prepared to stay even after others have got bored and gone home. Be patient and polite with those who communicate or move slowly-it may be in your best interests to do so. Consider yourself a patient person from now on and reap the rewards that others are too impatient to wait for. Wait patiently for the right time to strike. Rushing in can sometimes lead to disaster. Act appropriately and get your timing right. When you are building something up keep working with persistence and patience. Even when rewards seem slim keep going until you reach the tipping point where it all becomes worthwhile.

Sometimes he who hesitates is lost. You have to know when you should jump in instantly and grasp an opportunity with both hands. Have confidence in your spontaneity. Practice learning to recognise good opportunities instantly.

(7.3) Not Too Soon, Not Too Late

Master the dimension of time. Good timing is about giving up irrational tendencies of always acting too late or always acting too soon. By freeing yourself from the extremes of bad timing you are much more likely to get the timing just right. How can you give up ingrained bias about either acting too soon or too late? Simply recognize the value in the opposite way. For example if you have a tendency to jump in too quick then contemplate the value of patience. Think of times when greater patience would have helped you. Praise patience and practice it in small inconsequential situations so that you are prepared for important situations. If on the other hand you tend to dither and take too long to make your move then praise dynamism and spontaneity. Practice it in small inconsequential situations so that you are prepared for important situations. Keep reminding yourself of the benefits of spontaneity and look for examples in your every day life. The aim is to love and accept both acting fast and acting slow as valid approaches for different situations. Then you will have both qualities available to you and you will not fall into failure inducing extremes of behaviour. Patiently prepare yourself so that you can spontaneously take action when necessary.

(7.4) Opportunity Gathering During Sleep Time

Even during sleep you can gather golden opportunities. Just before sleep ask yourself questions, ask for inspiration and ask yourself for solutions to your problems. May your dreams provide you with valuable insights. In the morning or if you wake up momentarily during the night make a note of your dreams and try and interpret their message. Your subconscious is a powerful resource and listening to your dreams is an easy way to harness that resource.

(7.5) Past Successes and Failures

Quiet, relatively uneventful, periods are good times to contemplate past successes and failures. Lost opportunities still have value. Do not spend your valuable time on regretting lost opportunities. However it can be useful to look back and analyse how the opportunity managed to slip away from you-or perhaps you pushed it away? Contemplate what went wrong and take measures to prevent the same mistake recurring. Mine the gold hidden in past mistakes. Past mistakes contain a wealth of knowledge that can be use to further your ambitions.

It is not just past failures that can contain useful information of course. Study your past successes as well. What qualities helped you succeed? How did you arrange circumstances so that your goal was reached?

Chapter 8

Locating Opportunity

(8.1) Opportunities are Everywhere

Establish the attitude that opportunities truly are everywhere. Be curious about the mysteries of life. Has your natural curiosity been dampened by your upbringing? A parent has to caution a child from being over-curious because of the possibility of danger and harm. This negative reinforcement against natural curiosity can quite often cripple the curiosity for the rest of the person's life to some degree. Education systems are often not designed for the cultivation of curiosity and true open-mindedness. On the contrary many education systems further dampen curiosity and obscure the true free thinking genius that is within everyone. As a remedy for any possible effects against your curiosity I recommend specific techniques to awaken and heal the quality within yourself. Bless the quality of curiosity within yourself. Have the intent that it be nourished, strengthened and awakened. Continually praise the virtue of curiosity to purify it within yourself and reclaim it for everyday use. Thus curiosity will help you to find golden opportunities.

(8.2) Spiders Build their Webs Near the Light

You will notice that spiders often build their webs near lights and reflective mirrors. They do this because they know that is where the moths will be attracted. You should build your opportunity catching webs in areas where people congregate. Position yourself and your advertising in popular places where many people gather. Look for opportunities where crowds gather. People seek opportunities. If you see a crowd gathering then there may be opportunities there. However do not follow crowds like an animal in a herd. Take a good look in the other direction sometimes and you may find opportunities reserved only for the free thinking individual.

Crowds often attract pickpockets and con-artists who want to take advantage of the crowded conditions to prey on people. In the chaos of a crowd remember to remain alert.

(8.3) Explore the Unknown

Do not just follow the beaten track that others have walked. Instead strike out into the wilderness of new ideas.

Just doing something different from your usual routine can reveal a better way of doing things. Imagine that you are on the way to work as usual but the way is blocked. Instead of cursing, enjoy the different route. Maybe you had to travel that way for a reason. Be especially vigilant for opportunities when you have to deviate from your usual path. Is there a \$100 dollar bill on the ground, an advert for a much better job opportunity in a shop window? Is there someone in need of help? Perhaps you will meet someone who will be of great benefit to you. There are so many possible opportunities that the seeming difficulty has revealed for you-look out for them. Take a different path once in a while. Try something new. Experiment with different approaches. Look for clues but beware of false trails.

(8.4) Vigilance

Vigilance is a great virtue. Always keep watch and be alert for opportunity as well as danger. It is right to focus on your current project but remember to look around you as well. As your skill and resources increase do not forget to raise your ambitions accordingly. Look up to past unreachable dreams: maybe now they are in reach. This could be because you have raised yourself higher or the object of your dreams has become easier or it could be a combination of these factors. Keep an eye on the great prizes of life and keep repositioning yourself so that you can best accomplish your most cherished dreams.

When you know that a situation is coming where you will need special vigilance make sure that you have had a good rest and have freed yourself from distracting thoughts. If you must meet a rival then try and meet them when you are well rested and your vigilance is strong whilst your rival is tired and in disarray.

(8.5) Idea Storming

Use idea storming to turbo boost your creativity. Write a goal, a puzzling question or a primary idea in the middle of a blank piece of paper and circle it. Then write around it as many associated ideas and questions as you can. Let your mind run free and write down lots of ideas-even those that do not seem completely relevant. When you have lots of ideas written around your primary idea begin to analyse them and the relationships between them. Look for 'opposite' partner concepts. If a concept on your diagram lacks a partner concept then try and work out what it is and add it. Use the power of combination to create unique ideas. Take 2 or more concepts and see if you can combine them in some way. Write concepts on individual cards so you can move them around and see how they interrelate.

Another way to get a spark of inspiration is to get a dictionary and ask a question in your mind. Then open the dictionary up at a random page and quickly put your finger somewhere on the page to randomly select a word. Then try and interpret the word in relation to your question. It might be a direct answer, a cryptic clue or even advice about asking a different question. You will be amazed at some of the inspirational ideas that this technique generates.

(8.6) Successful and Unsuccessful People

Who is doing what you want to do? Observe successful people and take note of where they go for opportunities and how they benefit from them. Leaders in any field spend resources to advance. If you are not in that position then you can benefit by following their research and progress as closely as possible. In fast bicycle races, competitors attempt to use one another's slipstream, or "draft", breaking out to overtake the leader only at the last possible moment. Remember this tactic as you strive to accomplish your dreams-is it a useful tactic in your case?

Now what about unsuccessful people? Why do they fail? Study other people's mistakes so that you do not have to make them yourself. Sometimes all you have to do to achieve success is do the opposite of what unsuccessful people are doing in certain key areas.

(8.7) Growth and Decay

Situations often follow a cycle of growth and decay. At each stage there may be different opportunities available to us. Contemplate the cycles of growth and decay in the world around you and within yourself. How do they relate to opportunity?

When a great venture fails and there is disaster and chaos there maybe valuable opportunities available. Consider the example of wrecks. A storm long ago may have caused a ship to sink. That ship, containing valuables, then lies at the bottom of the sea waiting to be discovered. Other such disasters leave items washed up along the shore for beach combers to find. These examples can also be seen as metaphors useful for life in general. A failing business may have some great stock that they want to sell off cheaply. A government rocked by scandal may become open to your policy ideas. There are also opportunities when new things start up. For example a new business may be desperate for your services in a certain area. A new website may be more likely to link to your website. Slow periods and busy periods may all offer different opportunities for those alert and interested enough to see them. Which way is the wind blowing? Study trends in society, in nature and in the preferences of individual people. Where are things likely to lead? Is there a tipping point coming that will change the situation drastically? What is on the rise and what is on the fall? Make your moves in harmony with the seasons.

Chapter 9

Tuning in to Opportunity

(9.1) The Influence of Vibrational Groups

All things vibrate and influence each other by vibration. Similar things influence each other more than dissimilar things. This principle can be seen with tuning forks where a struck tuning fork will set up a corresponding vibration in a nearby tuning fork that is tuned to a similar pitch but not a nearby tuning fork that is tuned to a different pitch.

Each of us, as individual consciousnesses tend to take on the properties of, and are influenced by things and people that we share characteristics with- ie are in the same 'groups' as us.

We each inhabit an unlimited number of vibrational groups. For example we belong to the group of people with the same name as us. Also the group of people who have just watched the same thing on TV, the group of people with the same blood group and the group of people who have the same job etc etc.

If we smile we tune into the group of people: “those who are smiling”. Thus we tune into the overall vibration of that group. Within each group there are many sub-groups each with their own influence that corresponds with the overall vibration of the people in that sub-group. For example of those smiling there are those smiling sincerely and those smiling insincerely. If we smile sincerely then we are tuning in to the sincere group and so benefit from a more beneficial influence. Other sub-groups might be: “those who are smiling because a friend succeeded in achieving something good” and “those smiling because an enemy had a misfortune”. You can imagine that each sub-group has a very different overall energy associated with it.

The insights regarding vibrational groups highlight the power of even very small actions and personal characteristics to effect our consciousness and thus lead us in a positive or negative direction. For example to rescue a drowning bee may seem to the uninitiated as a trivial act. In reality, apart from the benefit to the bee, we are also benefiting ourselves. By saving the bee we have moved into the group “stronger beings kindly helping a weaker being”. Thus the simple act helps us to tune into many wonderful and benevolent vibrations.

Furthermore we have insured that we are not in the negative group :“stronger beings who bully or don't care about weaker beings” etc. The kind hearted group contains many average good hearted people along with great saints and higher beings all of whom are beneficial to associate with and have an uplifting and healing vibratory effect on us. On the other hand the uncaring group contains not just the average uncaring person but also many psychopaths and evil people whose vibrations and energy are not beneficial for us.

We can now understand that every thought, word and act that we carry out does not only have it's obvious outer effect: it also has a hidden inner effect on our consciousness by putting us into and out of various vibrational groups which influence our vibrations.

Use this knowledge to move closer to the opportunities that are good for you by consciously managing which 'groups' you belong to.

(9.2) Fake it Till you Make it

Take on a few of the outward signs of success to help you attune to success. Act successfully and you will become successful. By acting successfully you will awaken ancient memories within you and the power of real success will flow into your life. When possible invest in some long lasting and quality items. This will help you to tune in to other successful people who buy similarly. Despite the obvious economics it can be better to have 1 or 2 drinks in an expensive and exclusive bar rather than having a lot of drinks in a cheap bar. The drinks/food in the in the

exclusive bar maybe over-priced but by drinking there you will be connecting yourself up to the successful lifestyle. A couple of drinks may put you in contact with some powerful and useful allies. You will begin to feel self-confidence and this will help you act in ways that attract valuable opportunities to you and allow you to take them for your fulfilment.

When performing a new task relax as much as possible whilst remaining alert and industrious. Those who are very good at the task will be comfortable and relaxed whilst the inexperienced are more likely to be nervous and stressed so help your consciousness tune into the right way of performing the task by deeply relaxing. By doing this you will be tuning in to the professional group and benefiting from their vibrations.

Someone who has done a task for a while may have picked up quite a few bits of seemingly trivial information related to the task such as history about it, technical names for processes etc and anecdotal stories connected with those involved with the task. Consciously learning such information will help you attune to the successful people who also know such information. According to theory learning the seemingly trivial information will actually help you perform the task better even though there may be no obvious causal relationship. You will be able to improve faster than rivals who are unaware of the vibrational theory and have not taken the time and effort to make use of it.

(9.3) Visualizations

Symbols are the language of our subconscious minds. We can beneficially transform our outlook and our circumstances by loading our subconscious with positive images. Clear visualization is not easy for everyone and long guided visualizations can go astray so I recommend a series of quick mini-visualizations all designed to share certain positive characteristics. Perform these mini-visualizations with a sense of wonder. Do them when you are already feeling good and they will be imbued with positive energy.

Picture the kindest and wisest being in the universe giving you a great blessing. Visualize your life as abundant and prosperous, helping others. See the true understanding of Opportunity as a sacred elixir in a holy grail. Drink it and see yourself being truly purified with invigorating life. Picture a wound miraculously healing. See a rose in full bloom. Imagine life-giving rain transforming a desert land into a green oasis. See the chains of fear and ignorance breaking. See a bird flying freely. A beautiful dawn. Hear within your mind the most heavenly music soothing and healing all who hear it.

The visualization of positive symbols also puts us into the vibrational groups of

consciousnesses that are picturing similar beneficial symbols. Thus our own positive intent is strengthened and protected.

(9.4) Final Notes

Allow yourself to enjoy the feelings associated with discovering and seizing opportunity. Take practical steps every day towards your goals. Reward yourself with a tasty snack or in some other way when you have accomplished a task. This will raise morale plus help train your body to perform better in the future. Even if some of the ideas presented here are not applicable in your case (for example setting up a website or putting an ad in the newspaper etc) try them out anyway to broaden and deepen your experience. You never know when that experience will come in handy and what opportunities will open up for you because of it. Dare to step out of your comfort zone and do something different. Analyse what is working and what is not working and make periodic adjustments towards improvement.

Investigate and praise the good qualities within yourself and others.

(9.5) Your Chapter...

Write your own chapter on the nature of opportunity and how to attract, recognize, create and make the best use of opportunities. Summarize all that you have learnt in *OM 101* along with your own personal experiences and insights. Focus in your writing on the areas that you think are most important. Structure your work according to your insights. You could write your own complete book on opportunity.

Chapter 10

Supplementary Material

(10.1) 101 Opportunity Quotes

Contemplate and become familiar with these inspiring quotes. Picture each one as your motto for life. Which ones would be most valuable as a motto for your life? Be sure to investigate the author of quotes that you especially like.

- 1) "Luck is what happens when preparation meets opportunity."-Seneca
- 2) "Don't wait for extraordinary opportunities. Seize common occasions and make them great. Weak men wait for opportunities; strong men make them."-Orison Swett Marden
- 3) "Opportunity is missed by most people because it is dressed in overalls and looks like work."-Thomas Edison
- 4) "Life's up and downs provide windows of opportunity to determine your values and goals - Think of using all obstacles as stepping stones to build the life you want"-Marsha Sinetar
- 5) "I will prepare and some day my chance will come."-Abraham Lincoln
- 6) "Sometimes we stare so long at a door that is closing that we see too late the one that is open."-Alexander Graham Bell
- 7) "The freedom to move forward to new opportunities and to produce results comes from living in the present not the past"-Brian Koslow
- 8) "Learn everything you can, any time you can, from anyone you can - there will always come a time when you will be grateful you did."-Sarah Caldwell
- 9) "Success always comes when preparation meets opportunity"-Henry Hartman
- 10) "You just don't luck into things as much as you'd like to think you do. You build step by step, whether it's friendships or opportunities."-Barbara Bush
- 11) "He who refuses to embrace a unique opportunity loses the prize as

surely as if he had failed.”- William James

12) “Opportunities to find deeper powers within ourselves come when life seems most challenging.”-Joseph Campbell

13) “Time goes by so fast, people go in and out of your life. You must never miss the opportunity to tell these people how much they mean to you.”- Anonymous

14) “Most successful men have not achieved their distinction by having some new talent or opportunity presented to them. They have developed the opportunity that was at hand.”-Bruce Marton

15) “The Gods cannot help those who do not seize opportunities”-Chinese Proverb

16) “Opportunities always look bigger going than coming”-Anonymous

17) “Even when opportunity knocks a man still has to get up off his seat and open the door”- Anonymous

18) “Every day is a new opportunity. You can build on yesterday's success or put its failures behind and start over again. That's the way life is, with a new game every day, and that's the way baseball is.”-Bob Feller

19) “When one door closes, another opens; but we often look so long and so regretfully upon the closed door that we do not see the one which has opened for us.”-Alexander Graham Bell

20) “Problems can become opportunities when the right people come together.”-Robert South

21) “You create your opportunities by asking for them.”-Shakti Gawain

22) “When written in Chinese, the word "crisis" is composed of two characters-one represents danger, and the other represents opportunity.”- John Fitzgerald Kennedy

23) “If you wait for opportunities to occur, you will be one of the crowd.”- Edward de Bono

24) “To improve the golden moment of opportunity, and catch the good that is within our reach, is the great art of life.”-Samuel Johnson

- 25) "The man who grasps an opportunity as it is paraded before him, nine times out of ten makes a success, but the man who makes his own opportunities is, barring an accident, a sure-fire success"- Dale Carnegie
- 26) "I always tried to turn every disaster into an opportunity."-John D. Rockefeller
- 27) "To decipher the code of Opportunity..."-Anonymous
- 28) "Wise men make more opportunities than they find."-Francis Bacon
- 29) "Jumping at several small opportunities may get us there more quickly than waiting for one big one to come along."-Hugh Allen
- 30) "Opportunity is often difficult to recognize; we usually expect it to beckon us with beepers and billboards."-William Arthur Ward
- 31) "Opportunity is a bird that never perches."-Claude McDonald
- 32) "Opportunity is as scarce as oxygen; men fairly breathe it and do not know it."-Doc Sane
- 33) "Opportunities do not come with their values stamped upon them."-Maltbie Babcock
- 34) "It is often hard to distinguish between the hard knocks in life and those of opportunity."-Frederick Phillips
- 35) "Seize the opportunity by the beard, for it is bald behind."-Bulgarian Proverb
- 36) "Ability is of little account without opportunity."-Napoleon
- 37) "The secret of success in life is for a man to be ready for his opportunity when it comes."-Benjamin Disraeli
- 38) "If opportunity doesn't knock, build a door."-Milton Berle
- 39) "Desiring something strongly will call forth opportunities to bring it about."-Author Unknown
- 40) "Opportunity is a parade. Even as one chance passes, the next is a fife

and drum echoing in the distance.”-Robert Brault

41) “A pessimist is one who makes difficulties of his opportunities and an optimist is one who makes opportunities of his difficulties.”-Harry Truman

42) “Summing up, it is clear the future holds great opportunities. It also holds pitfalls. The trick will be to avoid the pitfalls, seize the opportunities, and get back home by six o'clock.”-Woody Allen

43) “If one wants to get a boat ride, one must be near the river.”-Anchee Min

44) “As you seek new opportunity, keep in mind that the sun does not usually reappear on the horizon where last seen.” ~Robert Brault

45) “I held a moment in my hand, brilliant as a star, fragile as a flower, a tiny sliver of one hour.” I dripped it carelessly, Ah! I didn't know, I held opportunity.”-Hazel Lee

46) “Every day is an opportunity to make a new happy ending.”-Author Unknown

47) “The follies which a man regrets most in his life are those which he didn't commit when he had the opportunity.”-Helen Rowland

48) “All great work is preparing yourself for the accident to happen.”-Sidney Lumet

49) “The key to unlocking every opportunity is in the middle path between extremes.”-James Barton

50) “Problems are only opportunities with thorns on them.”-Hugh Miller

51) “Many an opportunity is lost because a man is out looking for four-leaf clovers.”-Author Unknown

52) “Opportunities fly by while we sit regretting the chances we have lost, and the happiness that comes to us we heed not, because of the happiness that is gone.”-Jerome K. Jerom

53) “Grasp your opportunities, no matter how poor your health; nothing is worse for your health than boredom.”-Mignon McLaughlin

- 54) "It is better to be prepared for an opportunity and not have one than to have an opportunity and not be prepared."-Whitney M. Young, Jr.
- 55) "In the middle of every difficulty lies opportunity."-Albert Einstein
- 56) "Small opportunities are often the beginning of great enterprises."-Demosthenes
- 57) "There is no security on this earth. Only opportunity."-Douglas MacArthur
- 58) "Too many people are thinking of security instead of opportunity. They seem to be more afraid of life than death"-James F. Bymes
- 59) "Let your hook always be cast; in the pool where you least expect it, there will be a fish."-Ovid
- 60) "Great opportunities come to all, but many do not know they have met them. The only preparation to take advantage of them is simple fidelity to watch what each day brings"-Albert E. Dunning
- 61) "Opportunities are everywhere." -Lucy Benington
- 62) "Opportunities are usually disguised as hard work, so most people don't recognize them."-Ann Landers
- 63) "Great opportunities to help others seldom come, but small ones come daily."-Ivy Baker Priest
- 64) "Times of stress and difficulty are seasons of opportunity when the seeds of progress are sown." - Thomas F. Woodlock
- 65) "Men do with opportunities as children do at the seashore; they fill their little hands with sand, and then let the grains fall through, one by one, till all are gone."- T. Jones
- 66) "Do not wait for ideal circumstances, nor for the best opportunities; they will never come."- Janet Erskine Stuart
- 67) "Nothing is so often irretrievably missed as a daily opportunity."- Marie von Ebner-Eschenbach
- 68) "Know thine opportunity."- Pittacus

69) "If a man looks sharply and attentively, he shall see fortune; for though she be blind, yet she is not invisible."-Francis Bacon

70) "How many opportunities present themselves to a man without his noticing them?"-Arab proverb

71) "Opportunity can benefit no man who has not fitted himself to seize it and use it. Opportunity woos the worthy, shuns the unworthy. Prepare yourself to grasp opportunity, and opportunity is likely to come your way. It is not so fickle, capricious and unreasoning as some complain."-B. C. Forbes

72) "Opportunities multiply as they are seized; they die when neglected. Life is a long line of opportunities."-John Wicker

73) "Learn everything you can, any-time you can, from anyone you can - there will always come a time when you will be grateful you did." Sarah Caldwell

74) "Present opportunities are neglected, and attainable good is slighted, by minds busied in extensive ranges and intent upon future advantages."-Samuel Johnson

75) "It is often hard to distinguish between the hard knocks in life and those of opportunity."- Frederick Phillips

76) "The opportunity that God sends does not wake up him who is asleep."-Senegalese proverb

77) "We are told that talent creates its own opportunities. But it sometimes seems that intense desire creates not only its own opportunities, but its own talents."-Eric Hoffer

78) "The greatest achievement of the human spirit is to live up to one's opportunities, and make the most of one's resources."-Vauvenargues

79) "I think luck is the sense to recognize an opportunity and the ability to take advantage of it. Everyone has bad breaks, but everyone also has opportunities. The man who can smile at his breaks and grab his chances gets on."-Samuel Goldwyn

80) "Opportunities do not come with their values stamped upon them. ...

To face every opportunity of life thoughtfully, and ask its meaning bravely and earnestly, is the only way to meet supreme opportunities when they come, whether open-faced or disguised.”-Maltbie D. Babcock

81) “Vigilance in watching opportunity; tact and daring in seizing upon opportunity; force and persistence in crowding opportunity to its utmost possible achievement-these are the martial virtues which must command success.”- Austin Phelps

82) “If Fortune calls, offer him a seat.”-Yiddish proverb

83) “No great man ever complains of want of opportunity.”-Ralph Waldo Emerson

84) “The world is all gates, all opportunities, strings of tension waiting to be struck.”-Ralph Waldo Emerson

85) “We are all faced with a series of great opportunities brilliantly disguised as impossible situations.”-Charles R. Swindoll

86) “In great affairs we ought to apply ourselves less to creating chances than to profiting from those that are offered.”-Francois de La Rochefoucauld

87) “To improve the golden moment of opportunity, and catch the good that is within our reach, is the great art of life.”-Samuel Johnson

88) “When one door closes, another opens. But we often look so long and so regretfully upon the closed door that we do not see the one which has opened for us.”-Helen Keller

89) “The opportunities for enjoyment in your life are limitless. If you feel you are not experiencing enough joy, you have only yourself to blame.”-David E. Bresler

90) “Equal opportunity means everyone will have a fair chance at being incompetent.”-Dr. Laurence J. Peter

91) “We must look for the opportunity in every difficulty instead of being paralysed at the thought of the difficulty in every opportunity.”-Walter E. Cole

92) “Opportunity rarely knocks until you are ready. And few people have

ever been really ready without receiving opportunity's call."-Channing Pollock

93) "I think the young actor who really wants to act will find a way ... to keep at it and seize every opportunity that comes along."-Sir John Gielgud

94) "If you want greater prosperity in your life, start forming a vacuum to receive it."-Catherine Ponder

95) "Unless a man has trained himself for his chance, the chance will only make him ridiculous."-William Matthews

96) "Do not suppose opportunity will knock twice at your door."-Sebastien Chamfort

97) "Make hay while the sun shines."-English proverb

98) "Plough deep while sluggards sleep."-Benjamin Franklin

99) "Opportunities are seldom labelled."-John A. Shed

100) "The pessimist sees difficulty in every opportunity. The optimist sees the opportunity in every difficulty."-Winston Churchill

101) "Opportunities are often things you haven't noticed the first time around."-Catherine Deneuve

(10.2) 101 Opportunity Affirmations

Allow the positive energy of these affirmations to saturate your consciousness sweeping aside all negative thoughts. Write down your favourite ones in your own hand writing. Repeat them daily in your mind.

- 1) Every day brings me greater opportunities to express my true talents.
- 2) Each day is a new opportunity to achieve greatness.
- 3) I am awake to the wealth of opportunities available to me.
- 4) I effortlessly gain from the right opportunities.
- 5) There is always enough opportunity.
- 6) My knowledge grows revealing new opportunities.
- 7) With deepest wisdom I fulfil the highest opportunity.
- 8) I recognize every opportunity even in difficult situations.
- 9) I am in harmony with Opportunity.
- 10) Every opportunity I pursue multiplies into greater opportunities.

- 11) Every opportunity I pursue expands into even greater possibilities.
- 12) Every positive action I take creates fantastic new opportunities for me.
- 13) I act on every good opportunity that comes my way.
- 14) I accept obstacles as opportunities.
- 15) Fantastic opportunities appear in my life today.
- 16) I act on all opportunities as they present themselves.
- 17) I am now surrounded with an abundance of opportunities.
- 18) I am prepared to take advantage of all opportunities.
- 19) Opportunities for creating wealth are forever present in my life.
- 20) I give every opportunity my absolute best shot.
- 21) I seize all opportunities with bold determination.
- 22) I draw opportunities towards me.
- 23) I explore all positive opportunities that enter my life.
- 24) I am an opportunity magnet.
- 25) I will take every favourable opportunity.
- 26) I create new opportunities for myself.
- 27) I perceive the opportunities that other people miss.
- 28) I dare to seize big opportunities.
- 29) Opportunities bring me happiness as I act on them.
- 30) Opportunities smooth my way to success.
- 31) I see the hidden potential in every experience I have.
- 32) I pursue opportunity with persistence.
- 33) I trust in my abilities to make the most of every opportunity.
- 34) I link people to opportunities that are beneficial for all concerned.
- 35) I focus on the best opportunities.
- 36) I attract the best quality opportunities.
- 37) I attract people who help me realize my opportunities.
- 38) I easily discover new opportunities.
- 39) I learn from other people's opportunities.
- 40) Opportunity leads me to the right people, healing my relationships.
- 41) Opportunity refreshes me.
- 42) Opportunities lead me to favourable circumstances.
- 43) I rightly value opportunities.
- 44) All events contain opportunities that are good for me.
- 45) I capture lucky opportunities before they slip away from me.
- 46) Useful opportunities present themselves to me.
- 47) I open my mind to the endless opportunities surrounding me.
- 48) Opportunity reaches towards me.
- 49) I water the seeds of opportunity.
- 50) I see defeats as opportunities for greater victory.
- 51) Opportunities welcome me.
- 52) Opportunities free me from useless burdens.
- 53) I keep up with the fastest opportunities.
- 54) All opportunities are revealed to me.
- 55) Opportunities heal me.
- 56) I will see the opportunity hidden in every obstacle.

- 57) I possess all the qualities needed to benefit from opportunity.
- 58) I will be guided towards true opportunity.
- 59) Opportunity favours me.
- 60) Opportunity after opportunity increases opportunity.
- 61) I help others realize their opportunities.
- 62) With certainty I act upon opportunity and I am rewarded.
- 63) I reach out for opportunity.
- 64) I am free to benefit from opportunity.
- 65) Opportunities are easy to see.
- 66) I work hard when necessary to harvest the fruits of opportunity.
- 67) I boldly act on great opportunities when I see them.
- 68) I convert opportunity into success.
- 69) I use my abilities to attract and create opportunity into my life.
- 70) I am tuned in to benevolent opportunity.
- 71) Each decision I make creates new opportunities.
- 72) Great opportunities have led me to a fortune.
- 73) I discover hidden opportunities.
- 74) I develop amazing abilities to seize opportunities.
- 75) I accept opportunity with courage.
- 76) With perfect timing I reap the rewards of opportunity.
- 77) As quick as a flash I grasp opportunities beneficial to be grasped.
- 78) I harness unlimited opportunities, fulfilling my goals.
- 79) I transform false opportunities into true opportunities.
- 80) I patiently plant the seeds of opportunity.
- 81) I master opportunity in every area of my life.
- 82) I see every challenge as an opportunity for success.
- 83) My success is nourished by many opportunities.
- 84) Abundant opportunities smile on me.
- 85) I embrace new opportunities.
- 86) I am grateful to Opportunity.
- 87) I am protected from false opportunities.
- 88) I create the best opportunities and gain from them.
- 89) Opportunities greet me at every turn.
- 90) When opportunity knocks, I open the door.
- 91) Today I bless my being with limitless opportunities.
- 92) My amazing intuition leads me to incredible opportunities.
- 93) I will recognize the value of preparation.
- 94) I succeed in gaining from the opportunities that present themselves to me.
- 95) I will seize opportunities and build success.
- 96) I will be prepared for every opportunity.
- 97) I sow seeds of opportunity every day.
- 98) I am ever vigilant for opportunity.
- 99) I will create opportunity.
- 100) Opportunities flow into my life like nourishing rain.
- 101) I deserve golden opportunities.

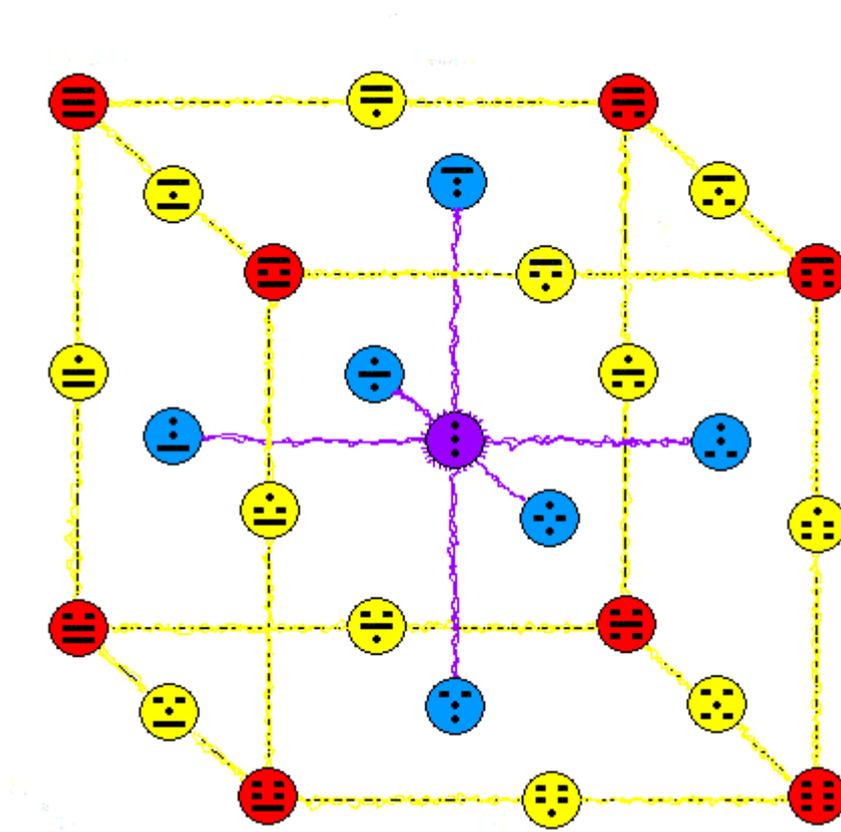
(10.3) 101 Inspiring Questions

Ask yourself each question in a real and meaningful way. Let new insights come to you. Allow the possibility that the questions here and your answers will completely transform your life in a positive way.

- 1) What can I do today to find opportunities?
- 2) Are any old beliefs about opportunity holding me back?
- 3) Am I awake to the wealth of opportunities available to me?
- 4) Am I willing to sacrifice short term fun to secure the right opportunities?
- 5) Where are the best opportunities to be found?
- 6) Developing which skills would help me the most?
- 7) What is my primary goal?
- 8) How can I remove the blocks to opportunity?
- 9) Am I letting my comfort zone hold me back?
- 10) How can I better deserve golden opportunities?
- 11) When have I succeeded?
- 12) What qualities within me will help discover new opportunities?
- 13) Can I perceive opportunities in the midst of chaos?
- 14) How can I make this a life changing week?
- 15) What value can I give to the world today?
- 16) What do people around me need?
- 17) What are my dreams communicating to me?
- 18) What questions should I ask myself?
- 19) What can I give up to help me conserve my wealth?
- 20) What do I really want?
- 21) What do I really need?
- 22) Who in the world should I emulate?
- 23) Who should I repay with kindness?
- 24) In what order should I accomplish my tasks?
- 25) Am I selling my services too cheaply?
- 26) What have I ignored which I should now pay attention to?
- 27) Where should I look for golden opportunities?
- 28) Who Am I?
- 29) What is real happiness?
- 30) How could my diet become more compassionate?
- 31) What kinds of information should I keep to myself?
- 32) Where should I direct my creativity?
- 33) What habit should I give up?
- 34) What are the benefits of multiple streams of income?
- 35) What skill should I develop?
- 36) How can I connect with new allies?
- 37) Should I upgrade my image?
- 38) What should I defend against?

- 39) Why have I missed opportunities in the past?
- 40) What golden opportunities exactly am I looking for?
- 41) Which hours of the day or night am I most productive?
- 42) Am I getting enough sleep?
- 43) Am I keeping good company?
- 44) What events should I look out for?
- 45) What is a question?
- 46) What can I be thankful for?
- 47) Where should I avoid?
- 48) What opportunities require my immediate action now?
- 49) Which situation needs careful nourishing and cultivation?
- 50) What am I looking forward to?
- 51) Is my appearance optimized for attracting the opportunities that I want?
- 52) Am I carrying useless burdens in my life?
- 53) What could I be praised for?
- 54) Is there a factor of success that I keep overlooking?
- 55) Am I being honest with myself?
- 56) Am I a good listener?
- 57) Am I making things easy for myself?
- 58) Can I streamline processes in my life?
- 59) Have I not just read but studied and acted on the advice in this book?
- 60) What tasks when completed will make the biggest difference in my life?
- 61) What opportunities am I helping others realize?
- 62) Who deserves to be rewarded?
- 63) What is now the perfect time for?
- 64) Have I worked hard enough today towards my goals?
- 65) How can my work environment be made more efficient and inspiring?
- 66) Am I fully aware of my own best interests?
- 67) What should I quit?
- 68) Am I building on my success?
- 69) Do I respect knowledge?
- 70) Am I asking myself the right questions about a situation?
- 71) Are my actions making true friends rejoice?
- 72) By what personal laws do I organize my life?
- 73) What important factor is plain to see?
- 74) Who or what is stealing my time and energy?
- 75) How can I make a difficult task more pleasant?
- 76) How can I be rewarded more for the same amount of work?
- 77) How can I work smarter?
- 78) What lessons can I learn from the history of the world?
- 79) What am I only just beginning to understand?
- 80) What is necessary and what is unnecessary?
- 81) What hinders me?
- 82) Am I prepared for the week ahead?

- 83) What opportunities will nourish my success?
- 84) Am I willing to look at the situation from the other person's perspective?
- 85) Can I accept compliments?
- 86) What should be tried again?
- 87) Am I giving enough time to what is important?
- 88) What is a good bargain?
- 89) What is a fair deal?
- 90) What opportunities are calling me?
- 91) How can I invite opportunity into my life?
- 92) Who should I encourage?
- 93) Who should I discourage?
- 94) What is involved in taking your plans to the net level?
- 95) What tools and materials do I need for my plan?
- 96) Who can help me?
- 97) What small details are important?
- 98) What is my duty?
- 99) What is essential?
- 100) How can I embrace Opportunity?
- 101) What should be done immediately?



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